

Torticollis and Plagiocephaly Solutions

Early Diagnosis is Critical!!!



Torticollis



Normal



Plagiocephaly

Torticollis is seen when the head becomes prospectively tilted and/or turned to one side due to the muscles in the neck being tight, weak or in spasm.

Plagiocephaly is the flattening of the skull, which occurs when Torticollis goes untreated or babies spend too much time on their back.

Physical Therapy 4 Kids provides:

- A complete developmental evaluation
- 1:1 direct, hands-on treatment
- A comprehensive home exercise program
- Recommendations for proper positioning
- Sessions in our **state-of-the-art office** or the **patient's home**

**Best results with babies referred to us
between ages 4 weeks to 4 months!**



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